

NAME	HOURS	WHAT'S AVAILABLE	ELIGIBILITY	COMMENTS
FAIR WINDS FAMILY RESOURCE CENTER 1450 Loma Lane Chula Vista, CA 91911 (619) 420-0468 Fax: (619) 420-5669	Mon-Fri: 8am to 5pm	Boxes of food, when available, diapers, clothing.	Referrals, mostly from schools and Community Outreach Workers (Promotoras). Must fill out intake form for services.	Assistance in applying for Healthy Families Insurance. Resume help & job referrals. <a href="http://www.chulavistacc.org">www.chulavistacc.org</a> for listing of 6 Family Resource Centers.
MAAC Project 1355 Third Avenue Chula Vista, CA 91911 (619) 409-1780 Fax: (619) 422-9202	Mon – Fri: 8am to 5pm	Network of social services. Canned foods. Food box when available for families.	Anyone in need. No age limit. IDs required for adults. Birth Certificates & SS# for children. Proof of residency & proof of income. Must be low- income according to county/federal poverty guidelines.	Call first. Will provide food for one month, 4 times a year.
San Ysidro Health Center/Clinic 1655 Broadway, Suite #18 Chula Vista, CA 91911 (619) 426-7966 Fax: (619) 426-7996	Clinic hours vary. Mon: 9am to 5:30pm Tue – Fri: 8am – 4:30pm Sat: 7:30am – 11am by appointment	Same as above. (Especially breast feeding classes.)	Same as above.	Same as above.